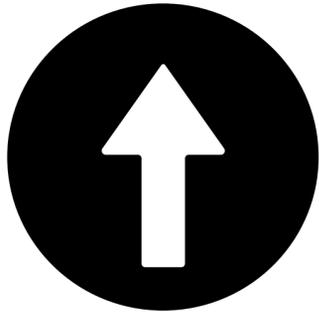


OXYGEN

YOGA & FITNESS

Policies, Procedures & Studio Etiquette



IN/OUT

Our studio has a one directional flow - enter through the front, exit through the back



FEELING SICK?

Cold or flu like symptoms?
Rest up & stay home



DEEP CLEAN

Our studio has enhanced cleaning protocols to help keep our studio space safe



EQUIPMENT

Let's get stacked!
Please neatly stack equipment back in the work out bays



NO SHOW & LATE FEES

Book wisely!
No Show & Late Fees apply



ARRIVE EARLY

Please arrive 15 minutes before class time to allow yourself time to get settled



WAITLISTS

Treat the waitlist, like a class.
Respect your fellow yogis & remove yourself if you cannot attend



POST CLASS CLEAN

Please use the spray bottles provided to spray down your equipment



PERSONAL BELONGINGS

Store all belongings in the cubbies provided - bags, purses, clothes, etc. are not permitted in the studio space



STAY A WHILE

Don't disrupt your neighbours - please stay for the entire class and enjoy the benefits of savasana



CELL PHONES

Use of cell phones is not permitted during class - please store them in the cubbies with your belongings



SCENT FREE SPACE

It's getting hot in here!
Please use deodorant & refrain from using perfumes / scented lotions